



# AQUATICS SCHEDULE

Updated 08/19/2021. To find class descriptions visit [jccyoungstown.org/aquatics](http://jccyoungstown.org/aquatics).

DAY	TIME	CLASS
<b>MONDAY</b>	5:30 a.m. 8:30 - 9:15 a.m. 10:00 - 11:00 a.m. 6:00 - 7:00 p.m. 8:30 p.m.	Pool Opens Water In Motion Volleyball (Limited Lap Lanes) Aqua Cardio Blast Pool Closes
<b>TUESDAY</b>	5:30 a.m. 8:30 - 9:15 a.m. 9:15 a.m. - 12:15 p.m. 12:15 - 1:00 p.m. 6:00 - 7:00 p.m. 8:30 p.m.	Pool Opens Mobility Plus Pre-school Swim Lessons Step It Up Flow Double Impact Pool Closes
<b>WEDNESDAY</b>	5:30 a.m. 8:30 - 9:15 a.m. 11:00 - 11:45 a.m. 6:00 - 7:00 p.m. 8:30 p.m.	Pool Opens Water In Motion Step It Up Flow Aqua Challenge Pool Closes
<b>THURSDAY</b>	5:30 a.m. 8:30 - 9:15 a.m. 12:15 - 1:00 p.m. 6:00 - 7:00 p.m. 8:30 p.m.	Pool Opens Mobility Plus Aqua Dance Instructor's Choice Pool Closes
<b>FRIDAY</b>	5:30 a.m. 10:00 - 11:00 a.m. 11:00 - 11:45 a.m. 6:30 p.m.	Pool Opens Volleyball (Limited Lap Lanes) Instructor's Choice Pool Closes
<b>SATURDAY</b>	7:00 a.m. 8:30 - 9:30 a.m. 9:30 - 10:00 a.m. 10:00 - 10:30 a.m. 10:45 - 11:15 a.m. 11:15 - 11:45 a.m. 11:15 - 11:45 a.m. 4:30 p.m.	Pool Opens H2O Combo You and Me Baby (6-36 months) Learn to Swim Levels 1 & 2 Learn to Swim Levels 3 & 4 Learn to Swim Adults Water Women Pool Closes
<b>SUNDAY</b>	7:00 a.m. 4:30 p.m.	Pool Opens Pool Closes